



Health Club Memberships

Standard Membership Plans

Month to Month

Single	\$69	Auto- Draft
Couple	\$89	Auto- Draft
Family (up to 4)	\$129 + \$15 (each add on)	Auto- Draft Auto- Draft

Annual (12 Mo. Commitment)

Single	\$49	Auto- Draft
Couple	\$69	Auto- Draft
Family (up to 4)	\$99 + \$10 (each add on)	Auto- Draft Auto- Draft

Service Membership Plans **Must Show Valid ID*

Military, Police, Fire, EMSA, Seniors (65+), and ALL Teachers

Month to Month

Single	\$49	Auto- Draft
Couple	\$69	Auto- Draft
Family	\$99 + \$15 (each add on)	Auto- Draft Auto- Draft

Annual (12 Mo. Commitment)

Single	\$29	Auto- Draft
Couple	\$49	Auto- Draft
Family	\$79 + \$10 (each add on)	Auto- Draft Auto- Draft

Private Training

Single	Single Session	\$65
Package 1	Up to 5 Sessions	\$300
Package 2	Up to 10 Sessions	\$550
Package 3	Up to 15 Sessions	\$750

Expires After – Package 1 - 30 days, Package 2 – 45 days, Package 3 – 60 days

Semi- Private Training (2-4 people)

Single	Single Session	\$40/ each
Package 1	Up to 5 Sessions	\$175/ each
Package 2	Up to 10 Sessions	\$325/ each
Package3	Up to 15 Sessions	\$450/ each

Expires After – Package 1 - 30 days, Package 2 – 45 days, Package 3 – 60 days

First Time Clients = 2 Weeks Free Trial • Sign up at the Front Desk or 918.895.8000



HEALTH CLUB HOURS

Monday – Friday: 5am – 9:30pm

Saturday: 8am – 6:30pm

Sunday: 11am – 6:30pm

FEATURES:

- MATRIX equipment line
- Spinning Studio
- 2 Group Fitness Classes
- Combat Fitness Classes
- Specialized Adult Fitness Programming

DROP IN FEE

\$5 – Basketball/Volleyball/ Pickleball

\$10 – Indoor Turf Field

\$15 – Health Club

\$5 – KIDS Health Club Drop In (Ages 10-12) -STUDIO A

(SHiNE, Pound, yoga classes only & must be with their parent who is also attending the class)

DROP IN POLICY

Titan will offer drop in time for basketball and volleyball courts, along with the indoor turf fields. Courts & Indoor Turf Field **will only be available if Titan does not have the court or field currently rented.** Once Titan rents the court or field, it will no longer be available for drop ins. Titan does not guarantee drop in times on the court/fields. **Titan Health Club Members may use the courts for FREE.** There are no private training or team practices.

AGE POLICY for Family Memberships:

AGE 10-12

- CANNOT BE ADDED TO FAMILY MEMBERSHIP
- Kids MUST wear a **YELLOW WRISTBAND** during duration of class
 - Kids can attend these classes in Studio A -ONLY WITH THEIR PARENT(s).
 - \$5 – Drop In to attend these classes w/ their parents.
 - Kids must exit Health Club immediately upon conclusion of class
 - STUDIO A classes offered to the kids
 - Shine
 - Pound
 - Yoga
 - Kids **may not work out** in the Health Club.
 - Cannot enter health club until class begins

AGE 13-15

- NO wristband
- Can be added to FAMILY MEMBERSHIP. If kid (s) is not on family membership, \$5 – Drop In to attend these classes w/ their parents.
- NO MEMBERSHIP CARDS- But, they can be added to the family memberships.
 - ALL kids listed in the family membership may attend the Health Club **ONLY** if the parent is present with their child the entire time.
 - No child can be dropped off to use the Health Club services unattended

AGE 16 and Up

- FULL ACCESS to the Health Club and Group Fitness Classes