

# Health Club Memberships



## Standard Membership Plans

### Month to Month

Single	\$69	Auto- Draft
Couple	\$89	Auto- Draft
Family (up to 4)	\$129 + \$15 (each add on)	Auto- Draft Auto- Draft

### Annual (12 Mo. Commitment)

Single	\$49	Auto- Draft
Couple	\$69	Auto- Draft
Family (up to 4)	\$99 + \$10 (each add on)	Auto- Draft Auto- Draft

## Service Membership Plans *\*Must Show Valid ID*

Military, Police, Fire, EMSA, Seniors (65+), and ALL Teachers

### Month to Month

Single	\$49	Auto- Draft
Couple	\$69	Auto- Draft
Family (up to 4)	\$99 + \$15 (each add on)	Auto- Draft Auto- Draft

### Annual (12 Mo. Commitment)

Single	\$29	Auto- Draft
Couple	\$49	Auto- Draft
Family (up to 4)	\$79 + \$10 (each add on)	Auto- Draft Auto- Draft

**Each Membership will include State Tax Rate**

**First Time Clients = 2 Weeks Free Trial • Sign up at the Front Desk or 918.895.8000**



## HEALTH CLUB HOURS

Monday – Friday: 5:30am – 9:00pm  
Saturday: 8:00am – 6:00pm  
Sunday: 11:00am – 6:00pm

## CHILDCARE HOURS

Health Club Members: \$10 (each month)  
Drop In: \$5 per child (per visit)  
Monday - 8:00am - 11:00am; 5:00pm - 9:00pm  
Tuesday - 8:00am - 11:00am; 4:00pm - 9:00pm  
Wednesday - 8:00am - 11:00am; 5:00pm - 9:00pm  
Thursday - 8:00am - 11:00am; 4:00pm - 9:00pm  
Friday - 8:00am - 11:00am  
Saturday - 8:00am - 11:00am  
Sunday - 12:00pm - 4:00pm \*Holiday Hours May Vary

## FEATURES:

- MATRIX equipment line
- Spinning Studio
- 2 Group Fitness Classes
- Combat Fitness Classes
- Specialized Adult Fitness Programming

**Titan Health Club Members may use the courts for FREE as long as courts are not rented out.** There are no private training or team practices.

## AGE POLICY for Family Memberships:

### AGE 10-12

- CANNOT BE ADDED TO FAMILY MEMBERSHIP
- Kids MUST wear a **YELLOW WRISTBAND** during duration of class
  - Kids can attend these classes in Studio A -ONLY WITH THEIR PARENT(S).
  - \$5 – Drop In to attend these classes w/ their parents.
  - Kids must exit Health Club immediately upon conclusion of class
  - STUDIO A classes offered to the kids: *SHINE, Pound, Yoga*
  - Kids **may not work out** in the Health Club.
  - Cannot enter health club until class begins

### AGE 13-15

- NO wristband
- Can be added to FAMILY MEMBERSHIP. If kid (s) is not on family membership, \$5 – Drop In to attend these classes w/ their parents.
- NO MEMBERSHIP CARDS- But, they can be added to the family memberships.
  - ALL kids listed in the family membership may attend the Health Club **ONLY** if the parent is present with their child the entire time.
  - No child can be dropped off to use the Health Club services unattended

### AGE 16 and Up

- FULL ACCESS to the Health Club and Group Fitness Classes